

## What Is Telehealth?

Telehealth therapy is an evidenced base therapy intervention that allows for virtual interaction between the child and therapist. Telehealth services have been used for several years in remote areas as a means of delivering therapy services.

## My Child Can't Sit In Front Of Another Screen.

We know now-a-days children already get a lot of screen time. However, telehealth is NOT meant to add to more screen time. The sessions are interactive, entertaining and require active participation. The video screens allow children to draw, paint, dance, and engage with the therapist through virtual methods. They are fun and interactive!

## Is Telehealth Reimbursed By My Insurance?

Each insurance company and plan is different. Given the recent events of COVID-19 many insurance companies are now paying for telehealth sessions. CDS (Child Development Services), Maine Care, Harvard Pilgrim are paving the way for others to follow. If you have questions about if your insurance will cover services please call our office and we will contact your insurance.

## Testimonials

"I wasn't quite sure what to expect with the virtual speech therapy session or how well my 4 year old would do because he has a very short attention span! He bounces from one thing to the next very quickly! I was pleasantly surprised at how well my son did with the virtual speech therapy session. In some ways I think he did better with it being virtual than in person." - Kid O'Therapy Parent

## More to come.....

We will be posting a video sample of what a telehealth session will look like. All of our staff are being trained so we can continue providing you with the best therapy services like we have always done. A huge thank you to our community as we work through the social distancing together and find creative ways to continue making progress towards your child's goals!